



A social enterprise

dedicated to locally manufacturing and globally supplying reusable sanitary pads as a cost-effective, menstrual management solution.

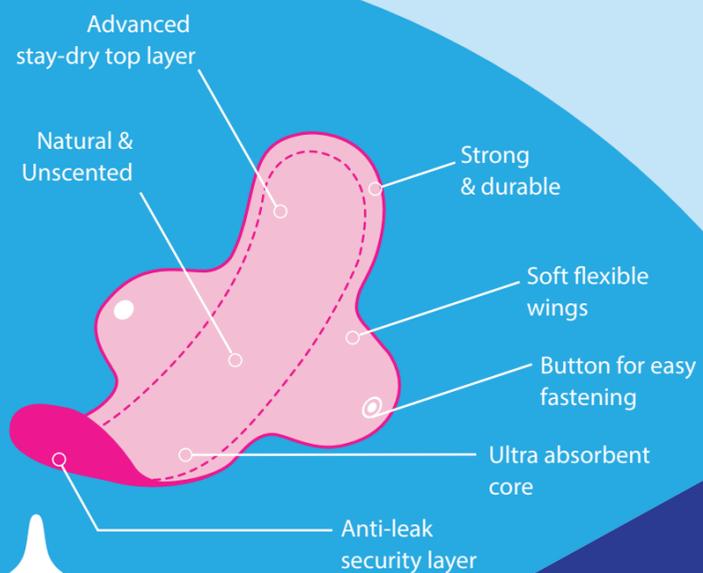
A global thought leader

on Menstrual Hygiene Management (MHM) that has been working for nearly a decade on addressing and removing the barriers menstruation imposes on girls and women.

PARTNER SUPPORT

PRODUCT

In 2010 after realizing there was a lack of affordable, high quality, reusable and locally manufactured menstrual products available in Sub-Saharan Africa, we launched AFRIPads.



EDUCATING & CAPACITY BUILDING

In order to address the complex needs women and girls face during menstruation, we provide use and care instructions and education tools for beneficiaries and capacity building training for NGO teams. Our extensive **MHM education toolkit** can also be accompanied by active partner support through our interactive Training of Trainers sessions, ensuring the knowledge is tailored to your needs.

OUR HOLISTIC MHM SOLUTION



SCHOOL ATTENDANCE

**According to feedback from many partners, including research done by the IFRC*

M&E FRAMEWORK

On top of our education offering and to ensure our partners have tangible evidence of how effective **AFRIPads** are in the field, we also provide a data collection toolkit to bridge the gap of evidence on MHM interventions. This can help with beneficiary data-driven decision-making. Additionally, we can train M&E teams on these tools and how to create a safe space for honest feedback on what is still a taboo topic.

OUR IMPACT



A study completed by (SOAS) and Plan International with 1,000 girls' school in rural Uganda found that when given a pack of **AFRIpads** and basic puberty education, girl's school attendance increased by 17%, which equates to 3.4 days out of every 20 days.

**Research by Dr Dolan C, 2018, Schoolgirls' experience and appraisal of menstrual absorbents in rural Uganda.*

AFRIpads has created 200 jobs in our local factory in rural Uganda

Since 2010, **AFRIpads** has reached

AFRIpads has prevented

700M
DISPOSABLE PADS

from ending up as waste in the environment



>3.5 MILLION
women and girls



PARTNER FEEDBACK

AFRIpads has been supporting **hundreds of partners** in relief and development aid settings around the world since 2010.



As a NGO actor in Uganda, ADRA is committed to contributing to a number of Sustainable Development Goals (SDG). Due to **AFRIpads'** holistic approach to menstrual hygiene management, our partnership with them ensures we are contributing to not one but five SDG's. We are very excited to partner with socially responsible companies like **AFRIpads** and we look forward to more meaningful years of partnership.

Charles Ed II Aguilar, Country Director, ADRA Uganda