



AFRICAN COALITION
FOR MENSTRUAL
HEALTH MANAGEMENT

Towards attaining human rights and sustainable development



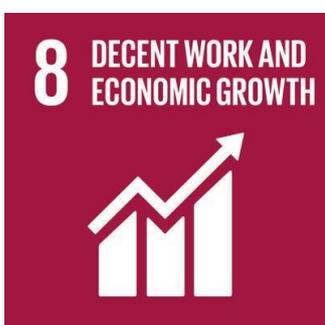
Why Menstrual Health Management?

Puberty and menstruation are vital and healthy aspects of the lives of people who menstruate. Menstrual health management is directly linked to the fulfillment of human rights, specifically sexual and reproductive health rights. Managing menstruation is a matter of dignity and a basic component to achieving the Sustainable Development Goals, and essential for the advancement of the Addis Ababa Declaration on Population and Development in Africa Beyond

2014 and the African Union Agenda 2063: The Africa We Want.

Menstrual health remains a silent issue in Africa where access is negatively influenced by social norms, limited access to age-appropriate information from menarche to menopause, affordable sanitary products, quality water and sanitation facilities and health services.

Following the highly successful inaugural Menstrual Health Symposium for East and Southern Africa in May 2018, UNFPA ESARO hosts the Secretariat for the African Coalition for Menstrual Health Management (ACMHM). The Coalition provides a platform for strengthened policy dialogue, coordination and knowledge sharing for more than 400 hundred MHM practitioners from Africa and beyond. By the end of 2018, it had established its leadership, developed strategic documents; continues to engage partners and leaders on MHM issues, and is leading collaborative efforts for coordinated responses to MHM within development and humanitarian settings.



Vision and Mission

ACMHM Vision: By 2030, all women, girls and people who menstruate are empowered to address the Menstrual Health Management challenges throughout their reproductive lifecycle - from menarche to menopause - in development and humanitarian settings.

ACMHM Mission: To advance and sustain a collaborative platform for a diverse range of Africa-based actors working on Menstrual Health Management. Through this platform, members can learn and share their resources, skills and expertise to encourage consensus-building and evidence-based advocacy and interventions which bring about positive Menstrual Health Management engagement and change.

Our Purpose

- 🔴 To strengthen coordination among key stakeholders
- 🔴 To enhance collaborative partnerships, joint resource-mobilisation and advocacy for menstrual health policies towards effective and sustainable menstrual health management in Africa
- 🔴 To build on and support the evidence-base to better transition research to action
- 🔴 To support multi-sectoral policy making and scale up of evidence-based and sustainable programmes that address the menstrual health management needs of girls, women and other people who menstruate throughout their menstrual lifecycle in Africa
- 🔴 We aim to ensure that menstrual health management is recognised as an essential requirement for African countries to harness the Demographic Dividend, and to advance the African Union's Agenda 2063 and a key element in implementing the Global Strategy for Women's, Children's and Adolescent's Health 2016-2030.



Key Focus Areas



ACMHM Composition

The **Leadership** provides Strategic Oversight to Taskforce **Leads and Co-leads** and **Coalition members**.

In order to compliment the Secretariat and facilitate coordination of thematic areas, the ACMHM comprises seven Thematic Task Forces:

1. MHM and Sexual and Reproductive Health and Rights
2. MHM and Education
3. MHM and Water, Sanitation and Waste Disposal
4. MHM in Humanitarian Settings
5. MHM Research and Monitoring & Evaluation
6. MHM and Marginalised Groups
7. Development of Standards for Sanitary Products / Value Chain

Membership



The African Coalition for Menstrual Health Management is governed as a multi-sectoral collaborative network of organisations and individuals comprising technical, government representatives, professionals, youth and marginalised groups representatives working in and interested in MHM issues.

Visit www.acmhm.org for more information about our membership or follow us on Twitter and Facebook

The success of the African Coalition for Menstrual Health Management will be a result of the collective contribution and commitment by its members.

Contact Us

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Menstrual Health Management

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